



Carers' Week 8th-14th June 2020

Achieve Bury, Bolton, Salford and Trafford Online Get Togethers

For Carers Week 2020 Achieve BBST will be supporting Carers to get connected online. Come and join us on your PC, tablet or smart phone. Let's talk!

- Meet the Achieve Carer Champions
- Support each other/share tips
- Be heard and visible
- Tell us how we can help you
- Provide your own drinks & snacks



Your loved one does not need to be accessing treatment with Achieve BBST for you to 'attend', you are welcomed in your own right. If you are affected by somebody else's drug or alcohol use, join some like-minded people from the comfort of your home.

(Don't be shy—**be visible**—this is a new way of connecting for all of us)

Event queries direct to sarah-jane.truman@gmmh.nhs.uk just state which session you are interested in, and I'll invite you along.

Coffee Morning	Monday 8th June 10.30-11.30am	<i>ADDED BONUS MEET OUR VOLUNTEERS</i>
Afternoon Tea	Weds 10th June 2.30- 3.30pm	
Supper Club	Thurs 11th June 6.00– 7.00pm	