

PERSONA NEWS

Staple Down Here To Make This Into

An Easy Read Style Booklet



We support people
to live their best life

Creative fun at Pinfold Lane

R	E	A	C	H
Respectful	Enthusiastic	Adaptable	Caring	Honest

Message from Kat



It seems a lifetime ago that we entered the strangest period of all of our lives. Something which none of us had ever imagined and which united us all in the challenge of protecting ourselves, our families and the people we support. At the early stages of the pandemic we were sprinters – racing to keep ahead of the ever changing situation and the guidance that came with it. We were fast to adapt, to make decisions and to change the way that we worked to respond to the challenges of that day. As a team, we showed

amazing creativity, resourcefulness and the utmost care. My biggest fear was that as time went on people would burn out and they would not be able to sustain that initial burst of energy.

I need not have feared. As the weeks have gone on it has become clear that not only can we cope with a crisis and keep our cool, we can also shift seamlessly into recovery mode. We might be able to sprint but we are equally as good at running a marathon. We have shown that as an organisation we are resilient and able to sustain that adaptable approach in the long term not just whilst we are in the eye of the storm. Someone once said to me that you only know the strength of a teabag when you dip it in hot water. The recent months have shown that Persona is the strongest of brews! You should all be incredibly proud of what you have achieved.

As we move forward with recovery we will all be taking shaky steps in to a world that looks familiar but isn't quite the same. It is true that the pandemic has changed many things for good. Our role for now is to learn to live with it and to develop our services to enable us to support people to live their best lives within the new context in which we live. Some things will never go back to how they were, but in their place I truly believe that there are fantastic opportunities to do things differently and to adapt our services to be fit for the future. Team Persona will be doing this with a new found confidence in our resilience and ability to adapt and change. I look forward to the next stage in the journey with you.

Kat

This month's highlights

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3- Staff News

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Technology in Care

12- Activity Hub

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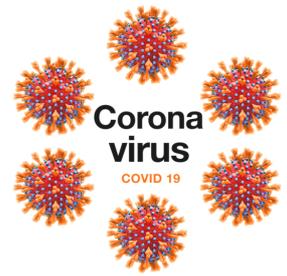
21- Spotlight

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COVID -19 UPDATES

Please keep up to date with all the updates on the Covid-19 main article on the intranet. If you are having trouble getting on, please contact info@personasupport.org with your name and pay number. As we learn to live with Coronavirus the emphasis of the updates is shifting towards information you need to be aware of, as our services and the world around us starts to operate more like 'normal'.

Some of our services have started on a journey of recovery as we start to reinstate much needed support to people who have managed with light touch input for a number of weeks. At the same time there is a strong emphasis in Bury on 'Build Back Better'. This means taking the opportunity to consider how we can remodel services to be fit for future over the coming 12 months. Please do keep up to date with these developments on the intranet.



ANNOUNCEMENTS

HELLO & WELCOME

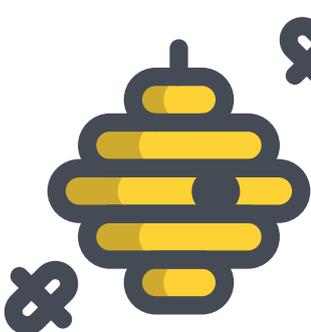
Wendy Barlow, Casual Support Worker
Amy Mellor, Domestic Assistant

GOODBYE & GOOD LUCK

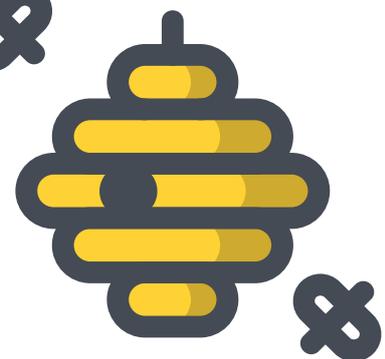
Lisa Ivatt, Senior Carer
Shirelle Roche-McGowan, Casual Support Worker
Natalie Walne, Casual Support Worker
Nicki Dawson, Deputy Manager

Everyone who leaves Persona will be contacted by a member of the Employee Forum for Farewell Feedback (an exit interview).

hive SUGGESTIONS



Are you a hive of ideas?



Log on here:

personasupport.hive.hr/myhive/

with your name and pay number, to register your suggestions and to submit your Hive Fives.

If you are a customer and have a suggestion, please submit it via our online form, or ask a member of staff to direct you to our Suggestion Box in services.

STAFF NEWS

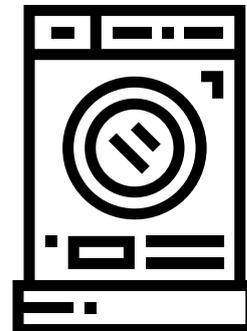
WHIRLPOOL RECALL

If you own, or the property that you work in has, a Hotpoint, Indesit, Creda, Proline or Swan tumble dryer made between April 2004 and September 2015, there's a risk it could catch fire. If you think your tumble dryer might be affected, unplug it and check the Whirlpool website or call Whirlpool on 0800 151 0905. If there is a green dot sticker on your machine, it has been modified already or it's not part of the safety alert. You can check for the green dot sticker

- either on the door itself or on the door rim.
- or on the back panel of the machine, in the middle and near the top.

If your tumble dryer does not have a green dot, and was made between April 2004 and September 2015, it is affected. If you have an affected tumble dryer you must unplug it immediately and do not use it until it's been fixed or replaced.

You should call Whirlpool on 0800 151 0905 to register your details for the recall.



EMPLOYEE ASSISTANCE PROGRAM

We recognise that all staff need support in different ways, therefore our Employee Assistance Program (EAP) is available for all staff. Any staff member can access the service and there is no need for a referral from your manager or from the Workforce Team. This is available on the intranet via the Wellbeing Hub.

What is an EAP?

- It is a free, confidential service you can refer yourself to, online or freephone.
- It can help you deal with personal crises, family crises, illness or traumatic events, either at work or in your own life.
- You can get support from a qualified counsellor 24/7 and 365 days of the year.
- You can also access online resources immediately in all areas like: Physical and mental health, money issues, legal advice.

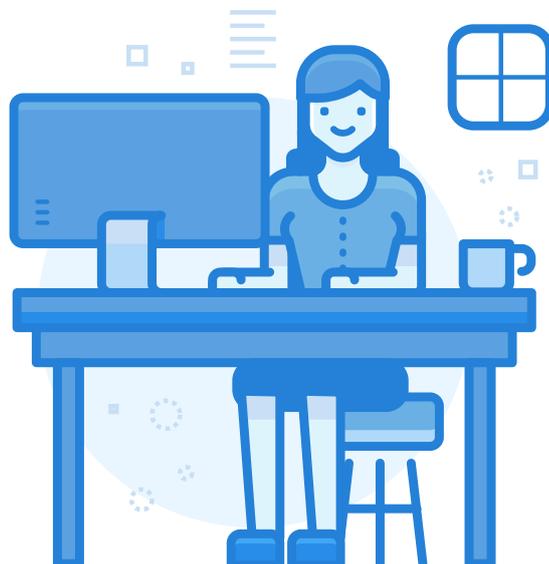


AT HOME WORKING H & S

As a new normal starts to form, some of you will be returning to the office to work. Others will be continuing to work from home. HSE have produced a very good video on their website of things that you need to keep in mind when working from home: www.hse.gov.uk/toolbox/workers/home.htm

Other health and safety tips and reminders can be found on the intranet within Guidance and Printable posters in the Covid-19 section. Don't forget that the Wellbeing Hub on the intranet has a wealth of information that can help you day to day.

If you have an issues about working from home it is advised that you share your concerns with your line manager.



RECOGNITION

HIVE FIVES

Hive Fives are an excellent way to show your gratitude and appreciation for all the hard work that everyone is doing during this time. Here is just a selection of some of the many staff being recognised for living the Persona values.

Congratulations to everyone!



Hive-Fives

Mel Little

Thank you for always going above and beyond for your customers. The hours you put in, especially in time of crisis, is really appreciated. Today was a perfect example of how selfless you are. Thank you.

David Bamber

I would like to thank Dave for going out of his way over the weekend to help out with an emergency staff cover situation. Dave's flexibility ensured this particular customer continued to receive consistent support from someone he knew well. Thanks again!

Kelly See

Would just like to say thanks for all your help and support at Spurr House recently I have only ever heard positive comments about you and it has been a pleasure to have you at Spurr House.



Harry Oakley

For showing enthusiasm, dedication and adaptability for the team and customers he supports



Adaptable

Adaptable

Fiona Parmanand

Thank you for being so adaptable, I literally threw all the carers week stuff at you and you turned it around in no time at all, and now we can provide coverage on it this week! Yay!

Susan Stockman

This is Sue all over and so much more. Creative, outgoing, thoughtful, conscientious, giving, providing the best. Thanks so much Sue for all you do, bring and are. You deserve recognition.

Fiona Dutton

Thanks for always helping out whenever you can. Your caring nature is always appreciated and has been so valued at a very busy time.

Adaptable

Caring

Caring

RECOGNITION

HIVE FIVES



Hive-Fives

Honest



Debra Holden

Debs is a wonderful colleague. Extremely focused on providing the ultimate support to her client base. Debs always goes that extra mile for someone both in work and personal. Debs displays all the Persona Values and is a pleasure to work with. Her honesty and integrity is beyond measure. Cheers Debs. You're amazing.

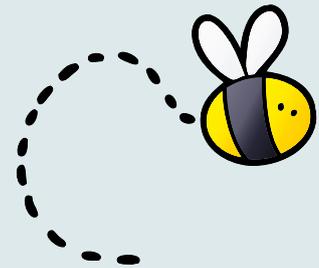
Katherine Craig

Kathy, you are amazing. I absolutely love working with you. Laughter in the midst of challenges. Joy in the midst of hard choices. Dynamic in so many ways. Always thinking about everything and everyone. Carer beyond words. Honest to the T. Developer of thoughts brought into reality. Cheerful when going through hard things yourself. Giver when you are at the brink of being and feeling weary. Encourager and got to say it dancer, you don't just walk you leap and bound and that does my soul good. Yes Kathy you deserve to be recognised and cheered. Thank you.

Gemma Winterburn

Gemma has been a pleasure to work with, excellent worker, very enthusiastic with the way she works, always thinking outside the box. Thank you Gemma for all the support you have given myself & other staff.

Enthusiastic



Enthusiastic



John Marsden

Thank you so much for all your help with getting the office ready last week. Your speedy response, hard work and help throughout the week really meant a lot. Thank you



Hina Tanveer

Hina has worked so hard during Covid, it's not just a job she's dedicated to the customers we support and a great colleague! Thank you for making the days happy ones Lady Hina



Debi Wilkes

For creating our Dementia flower and Manchester Bee displays with our customers. You are always full of ideas and the end results always look amazing. Thank you Debs

RECOGNITION

COMPLIMENTS & KINDNESS

The greatest compliments that we get are from the customers and family members that we support. Thank you for letting us know we are doing a great job!

Spurr House and Elmhurst

If it was not for the staff of Spurr House and presently Elmhurst I most probably will not be writing this. It is with great appreciation and relief that I will never again think that there is no light at the end of the deep dark tunnel. If it was not for the two care homes namely Spurr House and Elmhurst staff who were my champions and my strength I would by now lost the will to live. Thanks N.H.S. Especially the management and staff of the care homes I have had the pleasure to be in.

Thank you and God Bless. Peggy

Caring

Enthusiastic

Pinfold Lane

Huge thank you to the all the lovely staff at Pinfold Day Centre, despite mum's daycare being suspended they have regularly checked on us, they are an amazing team.

The small team of staff and customers that are still currently working / attending Pinfold are missing their colleagues and our customers / their friends. They decided to make cards to let them know that they are thinking of them and missing them.



Pat attends Grundy and unexpectedly had to move house during the pandemic. Shelly, a carer from Pinfold has been visiting Pat each week, to help her settle into her new home and assist Pat where needed. Pat is unable to get out and has needed a number of new items for her new flat. Shelly has been ordering items and shopping for Pat.



Technology in Care

Technology is 'science or knowledge put to practical use to solve problems or invent useful tools'.

- Two million years ago, we started using hand axes to prepare food and make shelters, which would have been life changing.
- Imagine the fear people must have felt when the wheel came along in about 3,500BC!
- When people first started installing electricity in their homes, many were so wary of the invisible 'force' that they would not consider replacing their far more dangerous gaslights.



Technology and development have always been a part of human life, but there's been so much change over the past couple of decades that it can feel really hard to keep up. It's no wonder we feel overwhelmed.



But most of us are using technology way more advanced than this every day without thinking about it.

Did you know your smartphone is actually a powerful computer 120,000,000 times faster than those that guided the Apollo missions in the 1960's? And they were the size of a car!

We might not always be able to get Sky or Netflix to do what we want, but do we worry about turning on the telly, the Hoover or even the shower? How many of us post photos on social media from our 'phones, or video chat with friends?

These are technologies we've got used to using and the fact that we've embraced them means we're already capable of learning how to use more.

As you learn new skills, your brain develops more myelin (the white stuff) which helps you to learn even better. Your learning speed increases and your brain makes connections between skill areas.



Cont. on next page

"Nothing in life is to be feared. It is only to be understood."

Marie Curie

Technology in Care

This is great news, because we all know that it's getting harder in every area of life to avoid technology - whether it's your bank account, claiming benefits or getting email reminders for your bin collections, everyone seems to want us to go digital.

These days, even in jobs that used to be completely practical, we need to remember passwords and use computers or tablets, so we all have to use more technology at work too.

The more we use different sorts of technology, the more confident we become and the easier it is to adapt to the newest version of Windows, or a different care package.

It's true that every new 'phone or laptop (hardware) you come across is slightly different, and every bit of software (the programmes we use, like Mobizio) has its own quirks, but you will already have far more transferable skills than you are aware of, from gadgets you already use in your day to day life!



Despite what you think, it is really, really difficult to 'break the internet'. There is nearly always a way to undo anything when you make a mistake, but have a go, and ask someone to watch you do a new task for the first couple of times.

The most important thing to remember about technology is that it has only been invented to make everyone's lives easier and better. So if we can use it to be more efficient and to make our customers' lives easier and more fulfilling, there's no question that it's our best way forward.

So this quarter we'll be looking at how we already use technology, how we can all become more confident and how you can get the support you need.

There will be a new course on Altura and we are looking at ways to get digital champions across Persona so there's always a friendly face to ask if you get stuck or scared.



PERSONA THEMED QUARTER 10

Technology in Care

We met up with Sarah Brian who works at Elmhurst in the Senior Care Team. Having worked at Spurr for a number of years, we chatted to her about her transition into a more technology orientated work environment and how it has benefitted staff and customers.

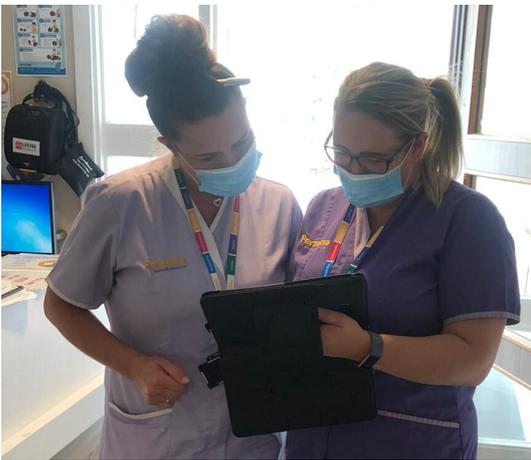
How did you find it when technology was first introduced?

So originally, back then it was paper care files, paper MAR sheets to dispense medication. Things have changed within the service quite a lot. I was really nervous. I was like, ahh, I don't know if I'll be able to do this. But it works really well. I was quite surprised actually how quickly I adapted to it. Thinking back, going to paper now, it would frighten me. Really frighten me because it's so much easier to access, if GP's contact you, or social workers, or district nurses, it's right there for you to access on the desktop. Whether it's a medication list, or you need to check the daily reports.



What have you found to be the benefits of the technology that's used in the service? Are there any drawbacks that you've found?

I don't think there are any drawbacks to be honest. Especially with eMAR, we can keep an eye on customers' stock. So we can see whether or not anyone is running low on certain medications and contact the pharmacy straight away. The pharmacy also has access to eMAR, so they can also see what sort of supply the customers have got.



So with the benefits, do you find that it's less time doing the paper work per say and more time actually with the customer?

For a senior I would say, you are always on. You're always updating things like the risk assessments. Things like that, looking into the medication round, but yeah, I would say so. We do have that time where we do have a chance to sit with the customers, and have a chat.

What would you say to someone who was a bit tech averse? Are there any words of encouragement that you would give them?

I'd just basically say give it a go. You know, because I was very nervous, and I've been in the service quite a long time and thought it's never ever going to work. But it does! And it's really, really simple, once you get your head round it. Certain staff are a little bit nervous of it and a bit unsure. I say to them all the time, I'm here to support. As are all the seniors and managers, you know, we are here to support them. So don't be frightened. Just give it a go. You can't make a mistake.

Protect yourself against Scammers

11

Because of Coronavirus the police have urged the public to be extra cautious as scam crime has risen.

Scammers:

- Can look like nice people.
- Can approach you by phone, text, mail, email, or at your door.
- Could be a man, woman or child.
- Are criminals.

Beware anyone claiming:

- To have a Coronavirus Test Kit.
- A cure for Coronavirus. At the moment there is no cure. The government is working on providing one. Until they announce it, be wary of anyone claiming that they do.
- Shopping and collection services. Only get people who you know and trust to get your shopping and / or medicine if you are self isolating or shielding.
- Claiming to provide home cleaning decontamination.
- Expensive Personal Protection Equipment like gloves and face masks.



Protect your personal information

NEVER give away personal information. You should never be asked for information like:

- Date of birth
- PIN codes
- Bank account details
- Passwords
- Full Address

Beware of Cold Callers

If you are not expecting someone, it's okay to not answer the door.

- Only let people into your home if you know them, if you are expecting them as they have an appointment, and they show you their ID badge.
- Never leave your front door open to a stranger. If you need to, close the door.



If you think you have been targeted by Scammers

Contact your bank.

If your personal information is taken, the scammers could be taking your money. The bank can help you stop them and protect your money.

Talk to someone that you trust.

Being targeted can be emotionally draining. Talking to someone you trust can lighten the worry and they can assist you in protecting yourself against the scam. This could be a family member, a Persona staff member or friend.

Contact the Police.

Call **101** to report that scammers have targeted you. If you believe that your personal safety is at risk and it is an emergency ring **999**.

Activity Hub

Connection &
Care
in an age of
isolation

On
Demand



Download

Interactive



As Persona continues to go further into the digital world, we are looking to create the Activity Hub that staff and customers will be able to utilise. The goal of this is to continue to support customers at home even when they are not within the service.

The Activity Hub will have lots of information and videos of activities to keep you engaged. This will be launching in July (?). Stay tuned to the website for more details.

If you have an activity that you think should feature on the hub, let us know. What activity gets the best reaction from the customers that you support?

Email us info@personasupport.org

COMING SOON!

Lockdown can't separate Eric and Mirsad



Mirsad, last year's Shared Lives Carer of the Year, has supported his customer Eric for a number of years. In the past couple of years Eric's condition has deteriorated due to dementia and he now lives in a home outside of the Persona family.



Since the COVID-19 crisis, the home has been in lockdown and Mirsad has not been allowed to visit, but he has been ringing every day to see how Eric is. Three months on since they had last seen each other, Mirsad was sure that Eric would not remember who he was. Then he received a phone call from the home; Eric had been asking them where Mirsad was and why hasn't he been to visit him, and he would like to speak to him on the phone. Which of course, he did, and there followed an emotional telephone reunion between the two.

Since then, Mirsad has been visiting Eric and seeing him through the window. As you can see in the pictures, Eric certainly recognises Mirsad and is very happy to see him.

Pizza night for Elmhurst

Customers enjoyed pizza take out this month. Olivia and Mia ages 8 and 4 were kind enough to make Elmhurst a cake. They were very creative and made a NHS Nurse cake. Everyone was very impressed and it tasted lovely!



A tribute to a friend

Sadly during this time, we had to say goodbye to Lynda. You may remember her beautiful smile from the cover of May's Newsletter. Customers at Elms Community Centre wanted to mark her passing with this beautiful tribute of rainbows and peacocks.



Shaun's Father's Day gift

The guys have been very busy at Bolton Road Community Centre. Not only have they been painting and gardening in the lovely weather we have been having, but they have been creative leading up to Father's Day. Shaun, who attends Bolton Road has been decorating a shoe box with Joyce, to fill with lots of little presents for his Dad. Then afterwards, it can be used as a memory box. Nice work Shaun!



Shared Lives Week

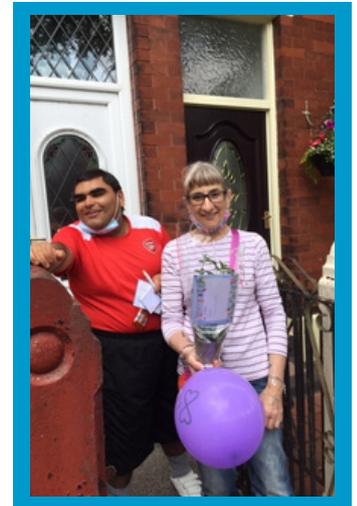


This is a time when we celebrate the incredible work that our Shared Lives Carers do.

We would usually take this opportunity to get together as a Shared Lives family with an afternoon tea or picnic in the park, however this wasn't possible this year.



So Mo and Diane paid all our carers a socially distanced visit this week with a little gift to show our appreciation.



A big thank you for the gifts. I was saying to Mo how well you have kept us all informed of well EVERYTHING. Steph

You are so so thoughtful to bring us so lovely gifts! That beautiful plant is waiting in the sunshine to find its perfect spot! Thank you so much for your constant encouragement and support! You've made a real difference! Many thanks, Avremi

Thank you for the carnations, which have joined the flowers in our garden. Chris



My sweetpea has now been potted (away from the pests hopefully!)....the chocolate lasted until this morning, which is a record for me 😊 Thankyou ladies; this was a really nice gesture 😊. Myra



Thank you so much for both of your kind thoughts. Edrina and I with the girls appreciate all the support you give us. Joanna

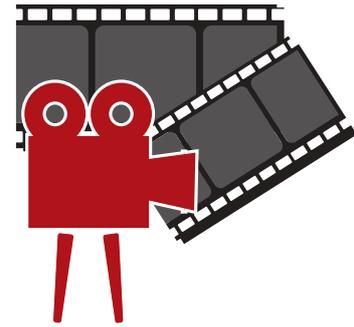
We've also been talking to our Shared Lives carers about how they and their customers are dealing with lockdown. Read more about it & how Shared Lives works here:

<https://www.personasupport.org/news-and-events/news/shared-lives-week-2020/>

1940s Actors

T	A	B	L	E	E	P	L	R	E	R	L	D	N
M	K	C	E	P	E	E	R	C	L	L	T	D	R
F	A	K	A	B	D	E	M	N	R	Y	O	E	L
F	T	L	M	R	I	Y	C	I	S	O	P	B	S
D	L	I	D	V	R	T	O	T	L	T	S	N	G
L	E	Y	I	W	E	L	L	E	S	L	V	B	E
O	B	L	N	R	U	S	O	L	L	N	S	R	Y
N	O	F	K	N	G	W	L	I	A	S	W	E	L
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S	T	E	W	A	R	T	A	O	T	E	G	N	O
O	S	A	L	G	U	O	D	O	F	O	S	D	E
N	C	O	S	O	G	E	D	N	E	O	Y	R	E

BOGART
WELLES
STEWART
GRANT
FONDA
OLIVIER
DOUGLAS
PECK
FLYNN
MILLS
CROSBY
WAYNE



1940s Film Trivia

1. What 1942 Best Picture winner famously contained the lines "Here's looking at you, kid." and "Play it, Sam. Play 'As Time Goes By.'?"
2. The 1940 classic "The Grapes of Wrath" featured a character by the name of Tom Joad. Who played the role of Tom Joad?
3. In the 1940 romantic comedy film "The Philadelphia Story", who does Tracy Lord (Katharine Hepburn) eventually marry?
4. In "The Great Dictator" (1940) Charlie Chaplain plays the role of a Jewish barber and also the role of the dictator of Tomania. What is the name of the dictator?
5. "Great Expectations" (1946) is based on the novel by Charles Dickens, and follows the adventures of a young man from boyhood to adulthood. What is the name of the main character who, as a young man, is played by John Mills?
6. Who played the lead role in the 1948 release "Hamlet", based on the William Shakespeare play of the same name?
7. "Every time a bell rings, an angel gets its wings!" I can't bring myself to watch Jimmy Stewart in this 1946 Christmas film. What's its name?
8. "Henry V" (1944) stars Laurence Olivier in the title role. Based on the Shakespeare play, it features which famous battle of 1415 between the English and the French?

Exotic Creatures Wordsearch



- CAPYBARA
- SERVAL
- WALLABY
- CHIMPANZEE
- CHINCHILLA
- PYTHON
- GECKO
- TORTOISES
- KINKAJOU
- SCORPIONS
- POSSUMS
- MILLIPEDES



Can you spot the 5 differences?



Mini Pub Quiz

1. Which cat has no tail? **MANX**
2. What dog was once sacred in China? **PEKINESE**
3. Which breed of dog is the favourite of the queen? **CORGIS**
4. What would live in an apiary? **BEES**
5. What is the family name of doves and pigeons? **COLUMIDAE**





In March we held our annual staff workshops, this focus this year was around Health and Wellbeing and as well as finding out about key developments across Persona, staff had the opportunity to take part in some taster sessions of laughing yoga, a facilitated craft session, hand massage and a silent disco. Unfortunately we were unable to hold the 2nd day as the Coronavirus pandemic started. Below is the feedback from the staff that attended the first day.

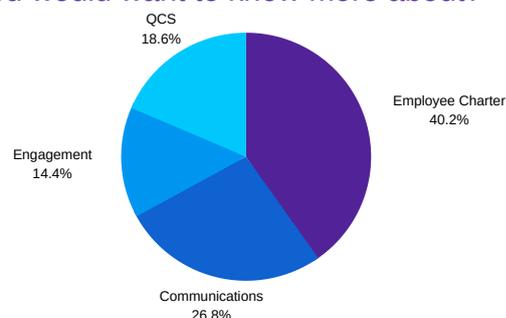
eNPS: 71

eNPS stands for employee Net Promoter Score and is a way for organisations to measure employee loyalty.

A score 10-30 is considered average.

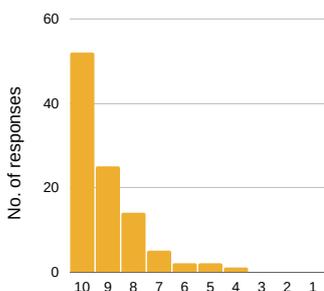
So we are extremely proud to have scored 71!

Are there any areas of the marketplace that you would want to know more about?*

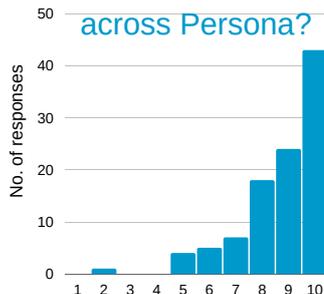


*19 people wanted to know more about more than 1 area

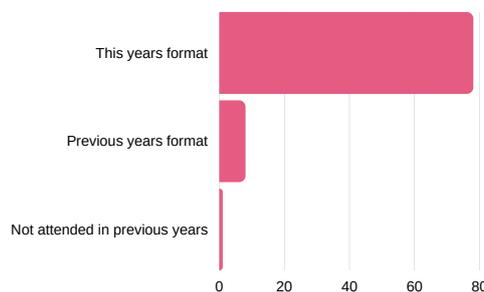
On a range of 1-10 did you enjoy the staff workshops?



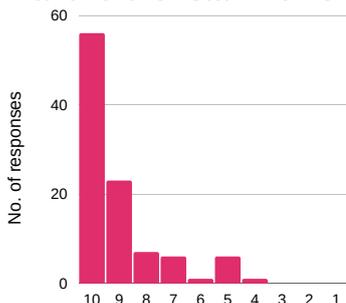
On a range of 1-10 did you find the marketplace / speed dating section useful to find out about key developments across Persona?



If you have attended previous staff workshops do you prefer the format of this year's workshop or previous years?



On a range of 1-10 would you like to have further staff workshops?



Before today were you aware of the Health and Wellbeing initiatives taking place across Persona?

Yes- 76
No-19

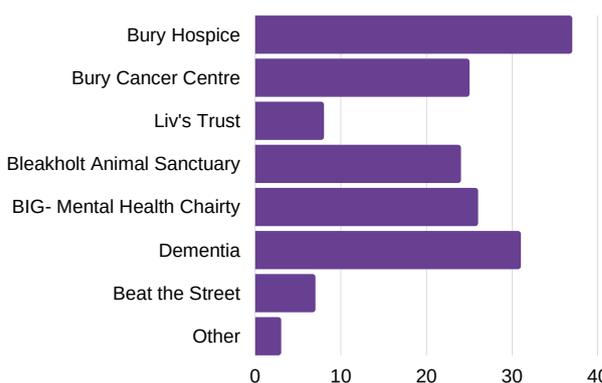


On a range of 1-10 do you understand the purpose of this organisation and why it exists?

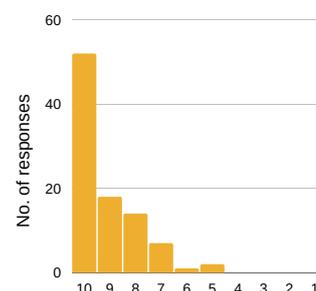
We are looking to have a number of events take place this year in support of a charity. From the list below please let us know the charity you would choose to support.

If other, please state.*

*Responses included in other include: *Chrone's disease, CF trust, Parkinsons.*



On a range of 1-10 would you recommend our organisation as a great place to work?



*Data based on responses given.

Not all questions may have been answered and some questions allowed more than one response.

IN THE SPOTLIGHT

Natalie Loftus, like many in Persona, has used her Adaptable value to brilliant effect during the Covid-19 epidemic.

Usually based with Learning Disability Day Service, Natalie has applied her skills within the Supported Living Team of Persona. Being inspired by how customers and staff have dealt with Covid-19, Natalie not only wrote but also sang and played the guitar for her song 'We Got You'. Check out our YouTube channel to watch it.



What made you want to go into the Care Sector?

My mum has worked in Supported Living for 22 years now and it's been inspiring seeing her bring positivity to people's lives. I've always believed that everyone has the right to a full, happy life. Being part of a team that helps make sure that happens is something I'm very proud of. Prior to Persona I was working in retail, which is not something I was passionate about. It's so great to have a job that's so rewarding and that I enjoy.

What is your favourite thing about the job?

There's lots of things I love about my job, but by far the best is the amount of laughter and smiles my days are filled with. Knowing our customers are enjoying their time in Day Services is very fulfilling. They're some of the most fun-loving people I've ever known. I also love how supportive Persona is for everyone involved, including staff. Everyone really cares about the values and it shows every day.

How have you coped with Covid-19?

It's not been the best experience, but having constant support from my manager Nicola Deaville has been extremely important to me. Thank you, Nicola! I'm also enjoying the new challenge of working in Supported Living. It's expanded my work experience and every day I learn something new. The staff I'm working with have been very welcoming.

Tell us about your creative talent of singing, playing guitar and writing songs?

My great aunt was my main inspiration, she had an electric organ I would play every time I visited, and has the best Les Paul guitar I've ever seen! Being from an Irish family definitely affected my relationship with music. Singing and playing instruments are a big part of that culture. It was always encouraged and I'm really lucky it was part of my life growing up. My songwriting days were mainly in my teens, but I was a goth then... so you can imagine how that went.

Any advice for anyone that would like to go into Care?

Go for it and always keep an open mind. If it's something you're passionate about then it's definitely a rewarding and fulfilling career.



Watch the full version on our YouTube channel



BACK PAGE NEWS



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www.bluelightcard.co.uk



How to contact Bury Carers' Hub

Telephone: 0300 303 0207 (calls charged at local rate)

Text: 07786201226

General Email: enquiries@burycarershub.org.uk

Website: www.burycarershub.org.uk

Online Chat: www.n-compass.org.uk/services/carers-support

Address: FREEPOST Bury Carers' Hub

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