

Iced Lolly Challenge!

Part of the Persona Themed Quarter: Nutrition and Hydration in 2021

Iced Lollies are an excellent way to keep hydrated. Some of the services share their creative recipes that got their customers engaged and more importantly, hydrated!

Elton
Community Centre

Karen's Downton Daiquiri Delight!

Ingredients

- Blackberries
- Watermelon
- Lime Juice
- Peaches
- a pinch of sugar then edible glitter to jazz it up

... & Hanif's Epic Vimto Lolly

Ingredients

- Vimto squash
- Dash of Blackcurrant

Method

Hanif chose to go large by up cycling a used Vimto bottle to use as his mould

Hoyles
Community Centre

Salted Caramel Toffee Cream Latte

Ingredients

- 1 sachet of Kenco Salted Caramel Iced Coffee
- 200ml water
- 100ml cream
- 2 tablespoons toffee sauce

Method

1. Make up the sachet with water and the cream
2. Add toffee sauce and stir well so there are no powder clumps
3. Add the mixture to your lolly moulds and freeze
4. If you have trouble getting your lollies out. Run the mould under a hot tap until you can get them out.
5. ENJOY!



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to ice lolly heaven!

Usma made 2 Ice Lollies. In her first one she had banana, water melon and strawberry yoghurt. Her second lolly had smarties and strawberry milkshake in it.

Usma's lolly had strawberry, mango, smarties and strawberry milkshake in it. His second had smarties, strawberries, kiwi and it was topped off with lemonade to set it.

Henry had mango, banana, strawberry and to set the lolly, it was topped up with strawberry milkshake. His second lolly was a classic combination of blueberries and orange juice.

Adam had a 5 lots of different fruit in both of his lollies. Strawberries, banana, kiwi, mango and blueberries. One lolly was set with lemonade and the other was set with orange juice. Very refreshing!

For **Thomas**, simplicity was best for one of his lollies, which was pure orange juice. No one can argue with a classic! His second lolly was strawberry, blueberry and oranges, set with lemonade.

Junaid had a light and refreshing lolly made from strawberries and lemonade, followed by her second lolly of oranges in orange juice. Very juicy!

Asmin joined Junaid in having strawberries and lemonade but for the second lolly had oranges with a mixture of both lemonade and orange juice.

