

# PERSONA NEWS



Picture courtesy of Bernard Noblett - Finance Director

## HIGHLIGHTS

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# Message from Kat

Well what a fabulous month of weather we have been having. After what felt like a long winter we have certainly seen a vast improvement and it puts a spring in your step when the sun shines. Lovely to see many of you making the most of it and getting out into some of our garden areas and improving them. Teams at Grundy and Spurr are amongst those who've rolled their sleeves up and got their gardens looking their best. It makes them much nicer spaces for people to spend time in – the smallest things make a big difference.



There's been other work going on to improve our environments too – Woodbury is putting the finishing touches to their revamped garden area, Spurr has unveiled its new look reception area and the newly refurbished rooms at Haymarket for our young person's service, Escape have truly started to take shape. These developments are so valuable to improving both the experience of the people we support, but also the working environment for our staff teams. It's easier to be positive when you are in setting that makes you feel that way.

I'm really excited to see nominations for PersonAwards have opened as this is my favourite event of the year. I love seeing the nominations coming in and hearing the fantastic stories people share about the support they receive or the things they value about their colleagues. This year we've been some tweaks and changes to improve the approach and build on feedback from last year's event. Watch this space for some nice new touches to the process and have a think about who you could nominate – is someone you work with a potential winner?



*Kat*

# STAFF NEWS

## LONG SERVICE

PLT (Persona Leadership Team) have announced some changes to the long service recognition at Persona.

All staff - on both Bury and Persona terms and conditions - will receive £50 vouchers after 25 years' service, plus a retirement gift when they leave after 25 years' service.

After 40 years' service, staff will receive a VIP invitation to the PersonAwards ceremony following their anniversary, plus recognition of their long service in the newsletter.



## WELL DONE, SARAH!

Congratulations to Sarah Brown, Senior Carer at Spurr House, who has successfully completed her QCF Level 3 in Health and Social Care qualification earlier this year.

## JOIN JOHN ON THE BURY 10K

I competed in my fifth Manchester 10k race on May 20th. The searing heat meant it wasn't a day for personal bests, but it was once again a terrific spectacle for the City. Where else can you run in the same event as Mo Farrah and a host of celebrities? This year was poignant in that it came almost a year on from the Arena atrocity. Prior to the start, tens of thousands of runners observed a minute's silence before resolutely setting off to a rousing "Don't Look Back in Anger".

Persona is entering a team into this year's Bury 10k on September 16th. Though not on the same scale as Manchester, it is nevertheless a well organised event attracting approximately 1,700 runners and hundreds of spectators en route. A relatively flat course, it is ideal for personal bests and first timers. With three and a half months to train you have ample time to get yourself into shape and compete in a great local event.

If you'd like to join the team and yourself a fitness goal, have a look at <http://www.runforall.com/events/10k/bury-10k/>  
John O'Connor, Finance Manager, Head Office.



# STAFF NEWS



## HIVE FIVES

This month we have had a total of 66 HIVE FIVES across all the services. It's great to see so many staff being recognised for living the Persona values. Here's a selection of HIVE FIVES - congratulations to everyone!

### Caring

**Kim Atkinson**

Kim always approaches her work with genuine enthusiasm and is truly dedicated to doing the best she can for the people she supports. Most recently she demonstrated this commitment whilst supporting a customer through a particularly difficult time in relation to his poor health and a family bereavement. Thank you for going the extra mile as always!

**Zoe Brady**

### Caring

### Adaptable

Professionally supported our recruitment interviews and loved that you took the time to sit with candidates after their test to keep them at ease before their interview. Really showed your Caring values. Thank you.

**Adam Stephenson**

### Caring

### Enthusiastic

For bringing paints and pastels and brushes for one of our customers. Such a thoughtful person to bring these from home and gift them to someone. Cheers Adam.



## HIVE FIVES

### Adaptable

### Caring

**Daniel Jackson**

Big Thank You Danny !!! You went above and beyond what was expected of you so you could ensure Peter had the best 70th Birthday Party. Danny spent a lot of time planning and arranging what Peter wanted for his special day, then going out and achieving what he wanted, mostly on your days off from work. Peter had a lovely night celebrating with his friends and family, and I'm sure he appreciated every single moment, and everything you did for him, once again THANK YOU !!

# STAFF NEWS

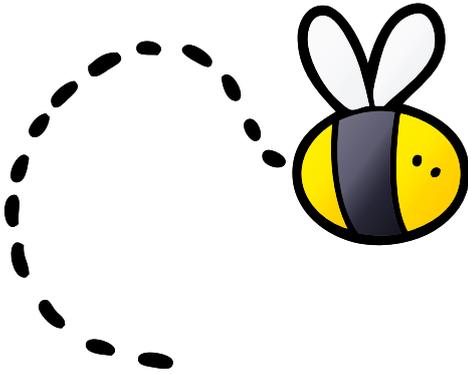


## Caring

## Respectful

### Sarah Williams

This week Sarah has dealt with 2 carers who were at breaking point. She has been a listening ear and a shoulder to cry on, whilst offering vital support and advice and signposting to other services. Sarah dealt with this in a calm and professional manner and her knowledge and experience shone through. Your help and advice will have made a real difference and hopefully have avoided carer breakdown



### Jane Howarth

## Enthusiastic

Jane, I would like to say thank you for all the help you give to me. With your computer skills. And find things I need even when I don't know I need them. You are one in a million and truly the best. Again a big thank you .

### Charlotte O'Rourke

## Enthusiastic

## Adaptable

For always being super helpful, nothing is never too much trouble! Thanks mate for always helping me out!



### Lee Sawbridge

## Adaptable

## Caring

It is thanks to Lee's dedication, flexible approach to his work and endless patience that he continues to provide a valuable and effective service to the people he supports. Most recently he worked tirelessly with one particular customer who was facing possible eviction, to ensure that essential maintenance work was carried out at his home. This work served to maintain both the person's safety and ultimately their tenancy.

# HIVE FIVES

# STAFF NEWS



**Dee Cooper**

**Respectful**

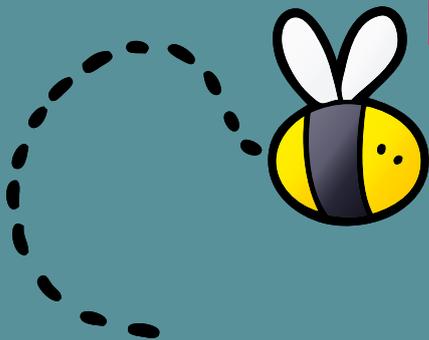
Dee is a fabulous Colleague who gives such a helping hand on her night duties when everyone else clocks off. The Night Owl Dee makes sure everything is as it should be for all customers and Staff at Fir St. Much appreciated

**Alison Lyons**

**Enthusiastic**

For smiling in the face of adversity & making me laugh when we're up against it.

**HIVE  
FIVES**



**Enthusiastic**

**Adaptable**

**Jessica Woods / Laura Falkner**

What a transformation and it looks great!! A big thank you for taking the time to clean, tidy and enhance the garden space at Spurr so that everyone has a space to use and enjoy!! Great team work and dedication showed to Spurr House!! You have well and truly demonstrated Persona's 'ENTHUSIASTIC' AND 'ADAPTABLE' values today!!

**Joanne Holland / Karen Heselwood**

**Respectful**

**Caring**

Many thanks, when carrying out moving and handling training at Elton, when one of our customers wanted to join the session you included him, and it made his day. He informs me that all staff are all now suitably trained.



**Hive-Fives**

# Staff Workshops



Wow, how fast have the last 2 months gone since we held the staff workshops? But how great it is that the buzz from the workshops is still within teams.

One of the main things that we hear (and have been told by others) is that staff are referring to each other as being in the 'top 2%' or being a 'mood hoover'! It is as if Persona has adopted the Art of Brilliance terminology as part of our everyday culture and it is becoming an acceptable way to talk about our mood at a particular time and to share this with others.

For those who may have forgotten or were unable to attend the sessions and are wondering what we are referring to when we say 'top 2%' or 'mood hoovers', it is about a state of happiness, positivity and wellbeing.

During the session, it was described as a line from 1 to 10, generally most people will be somewhere between 3 and 8 on the line (we have good days and we have bad days). There are then some people who are more often than not positive about their day and would always rate themselves as feeling a 9 or a 10; these are the top 2%. There are then some people who get stuck at the bottom end of the spectrum, and are referred to as mood hoovers. These are not just people who have a quick moan about something and then move on, they are stuck in a cycle of negativity and can drain the energy out of any situation.

Luckily, from the staff workshops the majority of staff indicated that on a daily basis they are somewhere between 3 and 8 and we even had a large number of staff who sit within the top 2% which is great, particularly considering the demands of the work we do each day!



The Art of Brilliance workshops gave each of us the opportunity to take some time out for ourselves and reflect on the impact we are having on ourselves and also those around us. The workshop showed us that we can all learn to be more positive and happy and there were some tips and techniques that were shared to help us have more days that we would rate as a 9 or a 10 because who wouldn't want that?

**- Recall 3 good things regularly – ask yourself what has been good today.**

**- The 4 minute rule – remember that the first 4 minutes of any interaction are the most important.**

Try to practise these tips each day and reflect on how that made you and others around you feel. The feedback from the workshops has been really positive and many staff found them valuable. As an organisation we want to be able to build on the buzz of the workshops and to continue to embed the positivity and happiness each and every day.

**And finally remember CHOOSE TO BE POSITIVE.**

**Let us know your 2% moments! Email [info@personasupport.org](mailto:info@personasupport.org) .**

The other part of the staff workshops was the marketplace stands. An update on each of the 6 areas is provided over the next few pages.

# Mobizio Feedback



Based on the feedback from staff this was a really popular stand, with lots of staff keen to find out more about how this can be rolled out to other services in Persona. Mobizio is continuing to be embedded within Older People short stay and from this we are learning about how to best use this within the service or where further developments are needed to ensure the system can deliver on all the areas we want it to. As we understand more about how we could incorporate an electronic care monitoring system in other services, we will start the discussions with the relevant teams.

# HIVE Feedback



As you know the last staff survey was based around feedback on the staff workshops. We are currently working on developing an action plan around surveys in relation to key things we want to know from staff on a regular basis, so that we can see whether the changes or new things we are doing are making a difference. HIVE FIVEs continue to be received on a daily basis, recognising where staff are going the extra mile, making a difference to the lives of others and demonstrating Our Values.

# Altura Feedback



We hope you have all had the opportunity to log on to Altura (or ACCTV as it was previously known) and complete some of the film based learning. We know some staff are struggling with access to Altura due to technology and we are working on tablets being available for staff within services to complete their learning. In the meantime if you are unable to access the system, speak to your line manager or contact the workforce team.

# Employee Forum



Thanks to everyone who voted on choosing a local charity for our Charity event. We intend to run the event on 14th August at The Green, at Clarence Park from 10:30am – 2pm. The most popular charity was a local dementia/alzheimer's charity. The Forum are now working hard on the event in partnership with Laura Roberts, a local dementia champion and businesswoman. Laura has been offering her services selling high quality clothing at Grundy Day Centre for 5 years; she's been very supportive of our events over the years and has helped us to raise money for the Grundy amenity fund. She also organises the annual Dementia Train Rides on the East Lancashire Railway. Watch this space for more information on the event in the coming months.

## NOMINATIONS ARE LIVE!

On the 4 October 2018, Persona will be celebrating our third PersonAwards and nominations are now live. We welcome nominations for anyone who works or volunteers across Persona who has gone above and beyond in their role and made a positive impact to the lives of others. This year we have 11 categories which are listed overleaf.

You are able to make a nomination in a variety of ways including:

- Completing a nomination form (these are available within all Persona Buildings)
- Sending us an email to [info@personasupport.org](mailto:info@personasupport.org)
- Online at [www.personasupport.org/awards](http://www.personasupport.org/awards)
- Giving us a call on 0161 253 6000 – please select option 6

As part of your nomination, tell us about the person or team you are nominating and why you are nominating them, also tell us a little bit about yourself. As we receive nominations we will arrange to give you a call to find out more about your nomination and why you are nominating the team / individual.

**The deadline for submitting your nomination is the 8th July 2018.**

We would also like to say a massive thank you to our current, confirmed sponsors for this year, without whose support we would not be able to hold such a special celebratory event.

### Thanks to:

A & P  
Cuppaccino  
Bury Community Network  
APM Design  
HIVE  
Simply Moving and Sleeping Ltd

Brunsdon  
Xceed Care Compliance  
Reval  
Horsfield and Smith  
gunnercooke

**The Dignity Award**

**The Innovation Award**

**Team of the Year  
Award**

**Employee of the Year  
Award**

**Support Service  
Award**

**Making a Difference  
to Customers Award**

**Volunteer of the Year  
Award**

**Young Carer of the  
Year Award**

**Manager of the Year  
Award**

**Learner of the Year  
Award**

**Shared Lives Carer  
Award**



**PersonAwards Categories**

# WORKSHOP FEEDBACK

Below is a new selection of some of the feedback received in relation to the staff workshops.

I really enjoyed it was fun as well as interesting.

I enjoyed learning new techniques on how to keep a positive mind and attitude within work.

It made you think about things and your attitude to things.

It was nice to meet management and other teams from Persona.

I did enjoy the Workshop. It did make you think about your attitude to things. I also enjoyed the Market Place at the beginning which was useful.

To make you think twice about your mood and the effect it has on yourself and others

Very uplifting good to take time to reflect.

# Embedding the Values



We launched our REACH Values in March as part of the staff workshops; the values and associated behaviour statements are the principles by which we behave towards everyone around us including customers, colleagues, carers, family members and other professionals.

The values were developed based on feedback from staff and managers and from observation of practice that already takes place across Persona.

The values are part of Persona and we want these to be embedded into everything we do – but how do we do this?

**Respectful Enthusiastic Adaptable Caring Honest**

There are a variety of ways this can happen, you will have already seen that the values are being demonstrated on a regular basis by staff through the HIVE FIVES that are sent and shown in the newsletter. Additionally, our Persona lanyards have been circulated amongst staff and these provide a daily visual reminder of the values which we are living each day.

Over the last month we have also been revising and refreshing our supervision templates to incorporate HIVE FIVES and a reflection of how staff have demonstrated the values as part of their role. We have also been building on our existing IMPACT performance management framework to incorporate individual 'My IMPACT' appraisal and these also include a section about the Persona Values and how these are being demonstrated.

The new formats for supervision and My IMPACT will be circulated around teams soon, so look out for these.

But it doesn't stop there. The values and behaviours are what we want to see in all our staff, including our new recruits and therefore the values are included as part of our recruitment to Persona; we want potential new recruits to share our values and for them to be one of the reasons why they want to come to work with us.

Further work will continue to take place to embed the values throughout the year including as part of induction, part of the shortlisting criteria for the PersonAwards and by recognising where the values are demonstrated by staff on a daily basis.



# FACTS AND FIGURES

## A little bit about us...

**Our Customers**  
412 - Days  
420- Stays  
134 - Lives

**Our Turnover**  
£12 million

**Our Venues**  
20 bases  
from Ramsbottom to  
Prestwich  
Plus 72 supported properties

**Our Employees**  
425

**Quality**  
Elmhurst - Good  
Spurr House - Good  
Supported Living - Good  
Woodbury and Shared Lives -  
Requires Improvement

**Investment**  
back into service of  
£100,000

Figures at 31/3/18

This flyer and the one overleaf were produced following requests from staff, asking for details about Persona.

We value your feedback

You said

We did

# FACTS AND FIGURES

Both flyers have been printed off and distributed to managers, so keep an eye out for them in your service.

**Persona**  
We're all about you

**We're all about...**

**About Us**  
Persona was created in October 2015 and is wholly owned by Bury Council. We provide a range of different support options to meet the diverse needs of the community. We categorise these as Days, Stays and Lives

**Our Vision**  
To be the leading provider of adult social care, delivering excellent service all the time, every time.

**Our Purpose**  
We believe that people deserve social care, which improves their quality of life. We know that it's unique to every individual, so we tailor our support to what matters to you.

**Our Values**

<b>R</b> Respectful	<b>E</b> Enthusiastic	<b>A</b> Adaptable	<b>C</b> Caring	<b>H</b> Honest
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**Our Priorities**  
Maintaining High Quality Efficient Services  
Building Effective Governance  
Developing and Growing our Business

We value your feedback

You said

We did

## Anne Braves the Shave!

Anne Kenyon Symmons, who goes to Grundy Day Centre, is 'braving the shave' by having her head shaved on 8th August to raise money for Macmillan. Anne, we salute your courage!



## Grundy Bathrooms

Grundy's gorgeous new bathrooms are now completely finished, even down to their beautiful new signs! Customers voted for the names and people can also enjoy a relaxing soundtrack with a slideshow of photographs kindly donated by Bernard Noblett, Finance Director. Barbara, who has been using the bathing service for six years, says 'the refurbishment is so prettily done, it's been worth every penny'.



*The Retreat*



*The Sanctuary*

## May Day Maypole

Staff and customers made a maypole at Grundy, in honour of May Day.



## Chocolate Chip Day!



Customers at Grundy had a great time baking - and eating - cookies!



## Samba Drumming Workshop

A great time was had by all at Grundy, with customers and staff joining in the fun! Big thanks to Bloco Ashe Bury Community Samba Group.



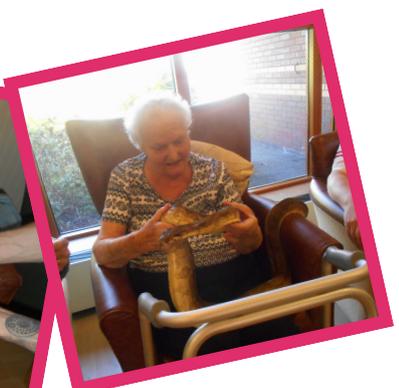
## Dementia Action Week

Grundy and Pinfold Lane Day Centres held several events during Dementia Action Week in May.

Customers and staff from both centres had a day out on the East Lancashire railway,



and Ranger Rob visited Pinfold Lane with some exotic friends.



## Projector & Pizza Making

Our new interactive projector has made its way to Pinfold, and as you can see, it's a hit!

Pinfold customers have been creating delicious pizzas.



## Dementia Action Week

As well as trips on trains and visits from animals, there were fabulous decorations and lots of fun at Pinfold!



## Samba Drumming

Customers at Pinfold enjoyed this session so much that Carolyn recreated the session the following day with the centre's own instruments!



## Strictly Comes to Elmhurst



This sparkling event took place at the end of April; with a DJ, drinks and nibbles and lots of dancing!



## Manchester Aquarium



Sandra Holroyd, one of our customers at Elton Community Centre, had a great trip to the aquarium this month.

## Sunnybank Samba

Bloco Ashe Samba band entertained customers and staff at Sunnybank and the Elms joined in the session. Everyone learned about different instruments and their sounds, before creating a Samba beat together.



## Craft and Chat at The Mosses



The customers from the Mosses Outreach Group have joined the Craft & Chat group at the Mosses Centre in Bury. Everyone is welcome and it's a great social afternoon with drinks available.

Any donations of wool, needles and craft items would be gratefully received.

# ANNOUNCEMENTS

## Starters

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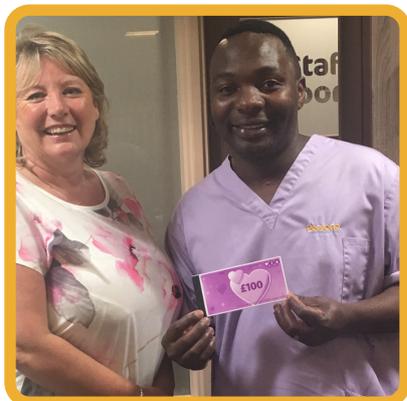
Amanda Granner, Casual/Care Assistant,  
Casual Team



## Leavers

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Victoria Carrington, Support Worker,  
Supported Living  
Paula Cronshaw, Casual Support  
Assistant, Casual Team  
Colette Kelly, Night Care Assistant,  
Elmhurst  
Jodie Walker, Support Worker,  
Supported Living



## 100% Attendance

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Congratulations to Nicola Adams, Lead Support Worker for Supported Living, who has won £100 of vouchers for March's 100% attendance.

Pictured above is Michael Ziki, Night Care Assistant at Elmhurst, who won February's draw.  
Well done, Michael!



# COMPLIMENTS

It's lovely to be appreciated, so we thought we'd share a selection of compliments and thanks we've received over the past month. It is fantastic seeing 'Our Values' being demonstrated on a daily basis.

## Thank you's to Elmhurst

Thank you all so much for the care you have given to Marlene over the time she has been with you.

**from Kay and all the family**

These beautiful flowers were from Miriam Holder, who sadly passed away.

Miriam will be dearly missed by all who knew her & staff arranged the flowers as a lovely memorial to her.



This is Vicky, Claire and Amira receiving flowers and chocolates as a thank you from Christine Astley's family.

## Thank you's to Grundy

I just want to pass on the excellent feedback from Marjorie, who I visited yesterday to complete a review. She said attending Grundy "has made all the difference to my life"; she "loves every minute of it" and there is "nothing negative to say". She said all the staff are wonderful and very caring!

**Lesley, Social Care Officer**

Thank you for taking such good care of Lenore.

**Julie Baker**



Please do let us know of any compliments or thank you cards you receive so that we can share them.

# COMMUNITY NEWS



## Sunnybank's Cycle Challenge for Grace's Place

At the beginning of May, customers and staff from Sunnybank Community Centre set themselves a challenge to cycle the distance from Manchester to London to raise money for Grace's Place Children's Hospice in Radcliffe. The challenge took place over three days; two of them on static bikes at the centre and the third at Leverhulme Park with accessible bikes. Amanda Freestone, Day Service Officer at Sunnybank, has this update for us.

To date we have raised £728 in cash and £57 on our just Giving page, so £842 in total. We visited Grace's Place at the end of May to hand over these funds and will keep you updated on a final total when we have it, as I believe we still have money yet to come in.

The support we have received from everyone involved has been amazing and inspiring and we've had a fantastic time coming together, getting fit and raising money for Grace's Place.

Can we please send special thanks to our staff team here at Sunnybank and our customers for taking part, proving that we can overcome any barrier when we work together. Also a big thank you to their support workers who also made great efforts to collect sponsors alongside our customers.

A big thank you to Persona's customer engagement team, Laura, Sarah and Fiona who promoted our event and prepared the literature, on hand with advice and guidance whenever it was required. We appreciate there was a lot of back work involved and it hasn't gone unnoticed. You are all brilliant!



# Sunnybank's Cycle Challenge

Thanks also to Kat, Rob and Laura for coming down on the first day, taking part and further raising awareness of our cause and thanks to John for coming down to take great photographs. Also a mention to Bernard, who took time out of his day to take professional photographs, which are simply fabulous, and also for taking part in the cycle challenge itself at Leverhulme Park.



Thank you's also to:

Bury Leisure Centre's Jason Porter for providing the spin bikes.  
Cookson's of Whitefield for the Odometer equipment.  
Morrison's of Whitefield for donations of Water and a raffle prize.  
Bolton's Leverhulme Park Wheels For All facility for their help and support, ensuring everyone could complete those final miles, making sure we all had access to a bike and assisting to support some of our customers around the track.



And thanks to all the businesses that donated a raffle prize:  
Hair Couture (Sunnybank)  
Fairways Lodge (Prestwich)  
Tesco (Prestwich)  
AMF Bowling  
Bury Council  
Morrison's (Whitefield)  
The Body Shop (Bury)  
Queen Ann Pub & Restaurant (Unsworth)  
Mona Sohail (Beauty Therapist and Independent Business owner)

Finally a very big thank you to all who have donated. You have contributed to a worthy charity and assisted their endeavours to roll out care and support to children and families in the north west.

Without all of you it simply wouldn't have been the success it was and we are truly grateful for everyone's part in this event.

We're looking forward to next year already!

# EMPLOYEE FORUM



It's been a busy few months for us here at the Forum. It was really great to meet so many of you at the Staff Workshops before the Art of Brilliance. We found a lot of value in talking to so many staff we've never met before, and we've had a number of staff express interest in joining the forum. We'll soon have a much wider representation from different departments.

## Forum Rep Changes

The forum would like to thank Cathy Hodson for her hard work and dedication to the Forum. Cathy has now stepped down as a forum rep. We would also like to welcome Sharon Keymer from Head Office. In the coming months we will be welcoming more staff to our team, so watch this space.

## Charity Event

Have a look at page 8 for details of the event, which we intend to take place on 14th August at Clarence Park.

## PersonAwards

The Forum is also getting involved with the PersonAwards this year. We've been providing feedback about last year's awards from staff, and we now have 2 forum reps helping with the nomination and shortlisting process. As you all know Persona launched our values in March, and we will be using these when looking at nominations. We will also be supporting the raffle on the night, so we hope to see you there!

## Forum Contacts:

### Julie Pierce (Chair)

Julie.pierce@personasupport.org

### David Pope (Staff Director)

david.pope@personasupport.org

### Sharon Keymer

sharon.keymer@personasupport.org

### Nicola Adams

Nicola.adams@personasupport.org

### Phil Marsh

philip1968marsh@gmail.com

### Melanie Quilton

Melanie.Quilton@personasupport.org

### Michael Ziki

michaelfziki@gmail.com



**We're  
all  
about  
you.**

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# IN THE SPOTLIGHT

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## JENNA WATTS - LEAD SUPPORT WORKER - SUPPORTED LIVING

### What do you enjoy about working for Persona?

I enjoy supporting customers and having a positive impact on their lives. I feel very lucky to have the role I do. My colleagues are lovely too and it feels great to work as a team.

### What's your greatest extravagance?

Holidays to Canada and my car.

### Favourite place?

Lovesick Lake, Ontario, Canada - my friend has a holiday home there where we go almost every summer. The lake and surroundings are so beautiful.

### What makes you angry?

Road works and bad traffic jams.

### Who/What makes you laugh?

All of my friends and colleagues make me laugh but my father Martin (who works for Persona also) has me in stitches constantly. I am proud of my Dad and get my humour off him!

### Favourite film?

Avatar – it's just mind blowing every time!

### Your most embarrassing moment?

I have a lot of embarrassing moments when it comes to wasps. If one flies near me I can't help but start screaming and bouncing around. I'm sorry I just can't help it!!

### Favourite singer/band?

Drake, Fleetwood Mac, The Carpenters, The Beatles.

### Tell us about your life at home/hobbies?

This year is very exciting for me as I am getting married in August. I spend most of my time with my family on walks with my dog Lilly. I also love swimming, socialising with friends and helping the local church with craft stalls to raise money for church revamps.

### Favourite food and drink?

My ultimate favourite meal is sweet and sour chicken and rice. My favourite drink is iced tea.

### Who would you want to be on a desert island with and why?

My fiancé and stepson Kieran. With them I know I will always be my happiest and my partner will look after us catching fish for tea haha!

# July

Picnic Month

1st - International Joke Day

Canada Day

3rd - Eat Beans day

4th - Barbecue Day

Caesar Salad Day

American Independence Day

5th - Apple Turnover Day

6th - Fried Chicken Day

7th - Chocolate Day

Strawberry Sundae Day

Macaroni Day

British Red Cross Week

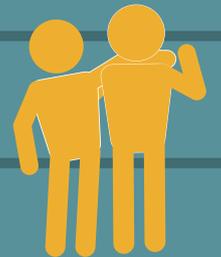
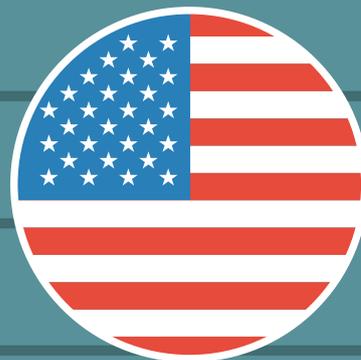
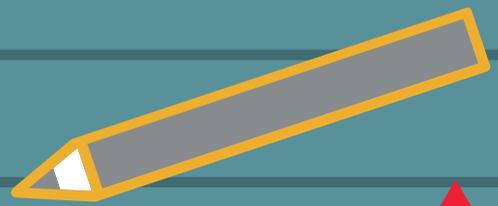
(choose a kind act each day -  
search "kindness" on the intranet  
for inspiration)

9th - Wiener Schnitzel Day

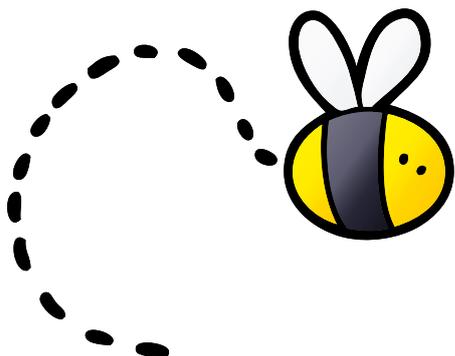
24th- National Parks Week

27th- National Fishing Month

30th- World Friendship Day



# BACK PAGE NEWS



it's ok  
not to  
feel ok

We are really proud to share our Grundy Bee!  
You may have heard about The 22 Bees Project, it was set up by a Manchester illustrator whose aim was to sign up 22 businesses to show solidarity and commemorate the first anniversary of the Manchester Arena Terrorist Attack. In return for a donation to the emergency fund, each business had a bee drawn on their premises and has been added to a bee trail of Manchester. So far over £8,000 has been raised for the Manchester Emergency Fund.

Keep up to date with upcoming events across Persona on our website at <http://www.personasupport.org/news-and-events/events/>



14th June is Alzheimer's Society Cupcake Day, so get baking (or shopping!) and don't forget to share photos of your lovely creations with us!

Congratulations to Alison Lyons, Care Assistant at Elton Community Centre, who became a grandma on 10th May!



If you'd like to share a story, photos, or suggest someone we should put in the spotlight, please email us at [info@personasupport.org](mailto:info@personasupport.org)

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Persona Care and Support